

## Faculty Profile



**Name of the Faculty:** DR. NISHAT SHAHEEN

**Department:** Psychology

**Designation:** Assistant Professor

**Qualification:**

- Qualification: Ph. D (Psychology),
- Qualified UGC NET (Psychology)
- M.A (Clinical Psychology)
- B.A (Psychology)
- Diploma: Advance Counseling and clinical Psychology

### Details of Publication & Research Articles:

- **Covid-19 & Obsessive-Compulsive Disorder-Clinical Intricacies**, International Journal of Pharmacognosy.10Jan2024
- **Locus of control and Depression among Adolescent Girls with visual Impairment**. Mukht Shabd Journal 05Jan (2023), Pages 128-132
- **Covid-19 obsessive compulsive disorder-Clinical Intricacies**  
International Journal of Pharmacognosy & Chinese Medicine. *11Augst (2023), Pages 156-161*
- **Psychological well-Being and Locus of Control in Adolescents with Visual Impairments**\_E-Cronicon Journal Psychological and Psychiatry 9.9 (2020) Page 139-144
- **Depression among Visually Impaired and Non-Visually Impaired Secondary School**\_A study with Reference to Mithila Region, India  
East African scholars' journal of Psychology and Behavioral Sciences. 2(1) Jan-fab 2020 Page 128
- **Impact of Covid-19 Pandemic on Persons with visually Impairments-**  
EC-Psychology and Psychiatry Dec-2020 Page 50-55
- **An Assessment of visually impaired Adolescents on Mental Health-** Journal Shodh Sanchar Bulletin. Vol-10 (39) July-Sep 2020 Page 156-159
- **A Study Of Gender on Mental Health of Mithilanchal People-**  
International Journal of Applied Research 5(3) Feb-2020 Page 324-327
- **Some Factor Influencing Thanatophobia in the elderly individuals-**  
International Journal of Applied Research Vol. 5 (12) Nov 2019 Page 386-388
- **Covid-19 and Emerging Management Prospective in Organization-**  
Journal Shodh Sarita Vol. 7 (27) July-Sep 2020 Page 221-224

- **Effect of Covid-19 on the Mental Health and Prospect of Psychology-**  
Journal Shodh Sarita Vol-7 (27) July-Sep 2020 PAGE 230-234
- **Impact of Covid-19 On Family-**  
Journal Shodh Sarita Vol-7 (27) July-Sep 2020 Page 17-21
- **Morality in Relation to Secularism and Social Economic Status-**  
Journal Mukta Shabd Vol-8 (9) Nov 2019 Page 50-53

### **Awards & Achievements:**

- Young Researcher Award (Psychology) 2020- Global Research Foundation (GRF)
- Gold Medal Award IPA President 2021 in Psychology in India and Its Future Prospects by UDP LNMU

### **Participation in Orientation/Refresher Courses**

<i>S. No.</i>	<i>Date</i>	<i>Type of Course</i>	<i>Title</i>	<i>Duration (From ... to )</i>	<i>Organized by</i>
<i>1</i>	<i>08/08/2024</i>	<i>Orientation Program</i>	<i>NEP 2020</i>	<i>08/08/24 TO 18/08/24</i>	<i>M.M.T.T.P</i>
<i>2</i>	<i>10/06/2024</i>	<i>Short Term Course</i>	<i>Research Methodology</i>	<i>10/06/24 to 15/06/24</i>	<i>Central University H.P.</i>

### **Committee Member-**

- Women cell in C.M. College Darbhanga
- Minority cell in C.M. College Darbhanga

### **Seminar-**

- Seminar Title -*World Mental Health Day*
- Organized By -*Integral University Lucknow*
- Presented Paper -*Effect of academic anxiety on performance*
- Date -*10-10-2024*
- Seminar Title -*Exam fear & Mental preparation*
- Organized By -*SHAPES, New Delhi*
- Presented Paper -*Conquering exam fear and mastering mental preparation*

- Date -09-09-2023
- Seminar Title - *Enhancing Happiness at workplace*
- Organized By - M.L.S.M, Darbhanga
- Presented Paper - *Enhancing happiness during work.*
- Date - 13-04-2023
- Seminar Title - *Challenges of Present Education system in India*
- Organized By - SHAPES, New Delhi
- Presented Paper - *Moral & Social Education for youth.*
- Date - 21-03-2022
- Seminar Title - *New Education Policy-2020*
- Organized By - FATTC, Darbhanga
- Presented Paper -
- Date - 20-02-2022
- Seminar Title - Psychology in India and Its Future Prospects
- Organized By - Psychology department in L.N. Mithila University
- Presented Paper - Depression among Adolescent with Visual Impairment
- Date - 8<sup>th</sup> -9<sup>th</sup> March 2021

### **Conference-**

- Name of Conference - 5<sup>th</sup> International Conference of Indian Academy of Health Psychology
- Presented Paper - Mental Health of Visually Impaired Adolescents
- Organized By - Department of Psychology M.G. Kashi Vidyapith, Varanasi
- Date - 20<sup>th</sup>-22<sup>nd</sup> October 2019
- Name of Conference - UGC sponsored International Conference on Psychology of Crime
- Presented Paper - Domestic Violence against Visually Impaired Adolescents
- Organized By - Department of Psychology, Bhagalpur
- Date - 2<sup>nd</sup>-3<sup>rd</sup> Dec 2019

## Workshops-

- ICSSR sponsored 10 days Research Methodology course in Social Sciences  
Organized By- L.N. Mithila University Darbhanga  
19<sup>th</sup> -28<sup>th</sup> Feb 2020
- National CRE workshop on Assessment and Intervention of Mental Health Problems in Persons with Multiple Disabilities  
Organized By – PG Department of Psychology, C.M College, Darbhanga  
26<sup>th</sup> -28<sup>th</sup> Nov 2019
- Application of SPSS for Data Analysis in Research  
Organized By- PG Department of Economics, C.M College, Darbhanga  
In Collaboration with the Indian Econometric Society New Delhi.  
24<sup>th</sup> -26<sup>th</sup> Sep 2019
- National workshop on Research Methodology: Issues and Relevance  
Organized By- L.N. Mithila University Darbhanga  
28<sup>nd</sup> -30<sup>th</sup> March 2018