

Curriculum Vitae

1. **Name:** *Dr. Pragati Kumari*
2. **Designation:** *Assistant Professor*
3. **Brief Summary of Profile**

Dr. Pragati Kumari is an Assistant Professor in the Department of Psychology of C. M. College, Darbhanga. She received her Ph. D. from L.N.M. University. She completed her postgraduation in 2007 from L.N.M. University. She worked as an Assistant Professor in Department of Psychology of R.K. College, 1from Jan, 2019 to Jun, 2021. Her main areas of research are Health Psychology, Counselling Psychology and Yoga Psychology. She teaches Social Psychology, Clinical Psychology, Psycho Pathology, General Psychology and Human Resource Management at under graduate and postgraduate level.

4. Details of Publications

A : Research Papers

S. No.	Date and Month	Title of the Paper	Name of the Journal, Vol and Page	Name of Authors	National/ International	ISSN	Link
	May-2023	Emotional Intelligence as a factor of sex and anxiety.	International Journal of Social Science & Management Studies, Vol.- 9, Page – 50-52	Dr. Vijay Sen Pandey Dr. Pragati Kumari	<i>National</i>	ISSN NO. 2454-4655	
	Feb-2022	The Paradigm role of ICT for behavioral and education and education Psychology: The case of developing Countries	International Journal of Research in Social Science, Vol.-12, Page-102-110	Dr. Pragati Kumari	<i>National</i>	ISSN NO. 2249-2496	http://www.ijmra.us
	Mar-2021	Control Over Aggression by Counselling	International Journal of Social Science & Management Studies, Vol.- 7, Page- 52-55	Dr. Pragati Kumari	<i>National</i>	ISSN NO. 2454-4655	
	Feb-2021	Personality Disorder and Social impact.	A Monthly journal of multidisciplinary research, Vol.- 8, Page-85-88	Dr. Pragati Kumari	<i>National</i>	ISSN NO. 2394-3580	
	Jan-2021	Life satisfaction of women in relation to their family size	A Monthly journal of multidisciplinary research, Vol. – 8, Page- 93-96	Dr. Pragati Kumari	<i>National</i>	ISSN NO. 2394-3580	
	Nov-2020	Control over allergy through meditation and mantra	International Journal of Social Science & Management Studies, Vol.- 6, Page-143-145	Dr. Pragati Kumari	<i>National</i>	ISSN NO. 2454-4655	
	Aug-2020	Effect of Academic Anxiety on Scholastic	International Journal of Social Science & Management Studies, Vol.- 6, Page- 154-158	Dr. Pragati Kumari	<i>National</i>	ISSN NO. 2454-4655	
	Mar-2020	Mental Health and life satisfaction of higher level of students	International Journal of Social Science & Management Studies, Vol-6, Page-78-81	Dr. Pragati Kumari	<i>National</i>	ISSN NO. 2454-4655	
	Feb-2020	A Study of emotional intelligence of school students in relation to their mental health	Swadeshi research foundation. A monthly journal of multidisciplinary research, Vol.-7, Page-74-78	Dr. Pragati Kumari	<i>National</i>	ISSN NO. 239-3580	
	Apr-2018	International Journal of Research in Social Science	Impact of Yoga on mental health in adolescence, Vol.- 8, Page- 1059-1062	Dr. Pragati Kumari	<i>National</i>	ISSN NO. 2249-2496	http://www.imru.us

B. Text Book Published

S. No.	Year	Title of Book	Name of the Publisher	Name of Authors	National/ International	ISBN	Link
	2014	Manav Ka Trigunatmak Vaktutiya:	International Book & Research Journal Publication	Dr. Pragati Kumari	<i>National</i>	ISBN: 978-93-83838-54-7	

		Manobhigyanik Tanav evam Niwarn Kaushal ka Mulyankan	Agency				
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5. Papers Presented in Seminars/Conferences/Workshops

S. No.	Date	Title/Theme of the Seminar/Conferences	Title of Paper presented	National/International	Place
	Jun-2021	COVID-19	<i>The Role of Psychology during second wave of COVID-19</i>	National	Online
	Sep-2019	PowerPoint	<i>Effective PowerPoint presentation principle and practice</i>	National	Madhubani
	Sep-2019	<i>Role of technology advancement in Well-Being and Cognition</i>	<i>Role of the technology in General Health</i>	National	Madhubani
	Dec-2014	<i>Marial sexual violence by youth in India & modern trends in teaching and research</i>	<i>Intimate partner violence by youth in India</i>	National	Patna
	Mar-2012	“Bharat Nepal ki sanjhi Sankriti” Vishayak	<i>Bharatiy evam Nepali sanskritiyon mein sangyanatmak Shaili ka tulnatmak adhayan</i>	International	Darbhanga

6. Invited Speaker/Discussant

S. No.	Date	Title/Theme of the Seminar/Conferences	National/International	Place
	25-12-2021	<i>Managing Anger, anxiety and depression in under privileged children</i>	National	Online
	24-10-2021	<i>How to deal with Failure</i>	National	Online

7. Participation in Orientation/Refresher Courses

S. No.	Date	Type of Course	Title	Duration (From ... to)	Organised by
	27-03-2023	Faculty Development Programme	<i>Professional Growth and Mental Health</i>	27-03-2023 – 31-03-2023	Global Trainers, Coaches & Counsellors Organisation
	08-04-2022	Faculty Development Programme	<i>Research Methodology</i>	08-04-2022 – 15-05-2022	Society For Health and Psychology enabled services, New Delhi

8. Other details

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Mobile Number: 9304597798

Link of Vidwan Portal page : <https://vidwan.inflibnet.ac.in/myprofile>

Link of MOOC Courses:

Edpuzzle : <https://edpuzzle.com/profile>

Note :

*** You may add any other relevant information, if not included above.**

**** The information above should be in chronological order starting from the latest one.**