

DR VIJAYSEN PANDEY

Flat No-303, Brinda Gunjeshwari Apartment,
Sadar Thana Road, Dharampur Darbhanga, Bihar-846009
Date of Birth: 15th April, 1981

Contact: 8700868629/ 9811548799, E-mail: vijaysen.pandey@gmail.com

Ph.D. & UGC-NET (PSYCHOLOGY)

Detail and orientation, excellent research, reporting and presentation skills; able to exercise independent judgment and decision-making abilities with integrity and confidentiality. Enthusiastic, quick learner adapts easily to new environments and thrives on multiple tasks. Effective communicator with excellent planning, organizational and negotiation strengths as well as the ability to lead, establish goals and obtain results

PROFILE

- ⇒ Competent and diligent professional offering over **20 years** of exposure across Teaching, Research work & Training, currently spearheading as an Assistant Professor in Post-Graduate Department of Psychology, **C.M. College, Darbhanga, (A constituent unit of LN. Mithila University Darbhanga, Bihar)**
- ⇒ Able to create a supportive learning environment
- ⇒ Efficient Leadership, Optimistic & ability to teach
- ⇒ Spearhead the growth and development of institution as well as students

1- Associate Professor in Psychology **1st March, 2014 – 5th July 2017**
(Amity Institute of Psychology and Allied Sciences, Amity University, Noida)

2- Assistant Professor in Psychology **4th June 2007 – 28th Feb 2014**
(Amity Institute of Psychology and Allied Sciences, Amity University, Noida)

3- Project Fellow/Research Officer **12th June 2006 – 1st June 2007**
(National Council of Educational Research and Training (N.C.E.R.T.), New Delhi)

4- Research Assistant **1st June 2003 – 30th June 2006**
(Department of Psychology, DDU Gorakhpur University, Gorakhpur)

CORE COMPETENCIES

Teaching, Research work, Training,
Psychological Assessment, Administrative skills

PROFESSIONAL EXPERIENCE

- Coordinator IGNOU Study Centre -0522, C.M. College Darbhanga.

- Teach UGC –NET/JRF Classes of Psychology students organize by Government of Bihar
- Taught Psychology all levels of students i.e. Undergraduate, Post Graduate, M.Phil and Ph.D
 - **Under Graduate-** General Psychology, Social Psychology, Abnormal Psychology, Statistics, Experimental Psychology, Applied Psychology, Educational Psychology, Guided Field work, Summer Project, Case Study, Term Paper etc
 - **Post Graduate-** Clinical Psychology, Developmental Psychology, Community Psychology, Research Methodology, Psychometric Testing, Social Psychology, Educational Psychology Counseling Psychology, Applied Psychology, Criminal Psychology, Community and Crime Prevention, Prison and Imprisonment, Guided Dissertation, Field Work, Summer Project, Case Study, Term Paper, Seminar etc.
 - **M. Phil –** Research Methodology, Child and Adolescent Psychology, Psychometric Assessment, Counseling Psychology, Guided Dissertation
 - **Ph.D-** Research Methodology in course work, Guided Thesis
 - **Behavioral Science-** (UG & PG entire Amity University, Noida)
 - Worked various government funded research project i.e. ICSSR, BPR&D etc
 - Guiding students for their field work, summer project, Dissertation and Ph.D Thesis
 - Trained various government, PSUs, CPOs and private sectors employees in the area of Soft Skills, Behavioral Sciences, Personality Development, Communication Skills Leadership etc, for i.e. **Election Commission of India, Union Bank of India, ONGC, Power Grid Corporation, Power Finance Corporation, Delhi Police, Rajasthan Police, Uttar Pradesh Police, CRPF, CISF, Army Officer, Escorts, Maruti, Uttar Pradesh State Aids Control Society (UPSACS), Tihar Jail, Indian Oil** etc.

PAPER PUBLISHED

- 1- Singh, J., Pandey, V. & Tripathi, J.S. (2011). **A Study to Evaluate the Impact of Supportive Psychotherapy in the case of HIV/ AIDS.** *Indian Journal of Health & Wellbeing*, 2(2), 345-349 ISSN 2229-5356

- 2- Pandey. V. & Shukla, A. (2013). **Perception of Stress among Villagers of Eastern Uttar Pradesh.** Indian Journal of Social Science and Organizational Behaviour (IJSSOB), 2(1), 28-34, (ISSN 2278-568X)
- 3- Tiwari, S.K., Pandey. V. & Kumar, D. (2014). **Group Favoritism and Perceived Discrimination among Student of Different Social Categories.** International Journal of Education and Management Studies, 4(2), 138-141, ISSN 2231-5632.
- 4- Pandey. V. (2014). **Quality of Life among Villagers.** International Journal of Social Science Review, 2(3), 259-262, (ISSN 2347-3797)
- 5- Singh, J. and Pandey, V. (2014). **Death anxiety and Mental Health among HIV/AIDS infected Rural Women.** Indian Journal of Social Science and Organizational Behaviour, 3 (1&2), 31-36, (IJSSOB) (ISSN 2278-568X)
- 6- Pandey, V., Dwivedi, T. & Tulika (2014) **“Advertising : An Ethical Investigation”** A Multidisciplinary Quarterly International Refereed Research Journal VAICHARIKI, ISSN, IV(4), 38-42, 2249-8907
- 7- Chauhan, P., Pandey, V. & Dwivedi, T. (2015) **“Concept and Criteria of Mental Health and Adjustment”** Annals of Multi-Disciplinary Research- A Quarterly International Refereed Research Journal, 5(1), 16-18, ISSN 2249-8893
- 8- Pandey, V. & Sansi, D. (2015). **“Family Environment and Problem Behaviour of Children with and without Mental Retardation”.** *Indian Journal of Health & Wellbeing*, 6(9) 927-929, ISSN 2229-5356.
- 9- Pandey, V., Awasthi, A. & Dwivedi, T. (2015). **“Role of Depression and Anxiety among Parents of Autistic and Non Autistic Children”.** *International Journal of Development Studies and Research*, 2 (1), 210-218, ISSN- 2349-820X
- 10- Pandey, V., & Aggarwal, M. & Dwivedi, T. (2015). **“Impact of Socio-Emotional Adjustment on Problem Behaviour and Academic achievement of Adolescent”.** A JIGYASA an Interdisciplinary Refereed International Research Journal VIII (2), 148-153 ISSN 0974 - 7648
- 11- Pandey, V., & Sharma, A. & Dwivedi, T. (2015). **“Role of Socio-Psychological factors on Employee’s Performance”.** A JIGYASA an Interdisciplinary Refereed International Research Journal VIII (3), 137-142 ISSN 0974 - 7648
- 12- Dwivedi, T., Shrma, A. & Pandey, V. (2016). **“Social Identity Complexity and Inter-Group Relation in Multicultural Society”.** SHODH PRERAK an Interdisciplinary Refereed International Research Journal VI (1), 19-22 ISSN 2231 – 413X
- 13- Pandey, V., & Sharma, P. & Pathak, D. (2015). **“Enhancing Emotional Quotient for Life Success”.** (Accepted) publish in presiding in 4th International Conference on Positive Schooling: A Heaven for Holistic Development organized by Indian

Association of Health Research and Welfare In association with Association of Special Educators and Allied Professional Carmel College for Women, Goa Mahatma Gandhi International Hindi University on 16th-18th January 2016.

- 14- Bhardwaj, K., Pandey, V. & Dwivedi, T. (2016). **"Empowerment of Women and Social Justice"**. VAICHARIKI an Interdisciplinary Refereed International Research Journal Vol-VI(1), 109-113 ISSN 2249-8907
- 15- Pandey, V. (Jul2017). **Work Life stress and coping strategies of Villagers: An Empirical Study**" KAAV International Journal of Arts, Humanities & Social Sciences A Refereed Blind Peer Review Quarterly Journal Vol- 4(3), 1-7 ISSN 2348-4349
- 16- Manjari & Pandey, V (2017). **"Self Concept among Intermediate Arts Students"** The International Journal of Indian Psychology, Vol- 4(4), 169-175 ISSN 2349-3429 (Print) & ISSN 2348-5396 (Online)
- 17- Manjari & Pandey, V (2017). **"Depression among Last year College Students"** International Journal of Research and Analytical Reviews (IJRAR) A Cross Ref Indexed Journal, Vol- 4(3), 84-87, ISSN 2349-5138 (Print) & ISSN 2348-1269 (E)
- 18- Manjari & Pandey, V (2017). **"Depression among First year College Students"** International Journal of Research and Analytical Reviews (IJRAR) A Cross Ref Indexed Journal, Vol- 4(3), 134-137 ISSN 2349-5138 (Print) & ISSN 2348-1269 (E)
- 19- Manjari & Pandey V (2017). **Comparison of Depression among freshmen and Last Year College Students.** *International Journal of Indian Psychology*, Vol. 5, (1), pp1-6 ISSN 2348-5396 (E) & ISSN 2349-3429 (P)
- 20- Jha, A., Pandey V & Kumari, V. (2019). **What's Eating up Adolescent Sleep? Evidence from Bihar.** *Journal of the Gujarat Research Society*, Vol. 21, (9), pp 550-556, DOP 2019-12-05 ISSN 0374-8588 , IF 4.3, UGC Care List group D
- 21- Pandey V., Bhat, R.K. & Srivastava, E. (2021). **Impact of Covid-19 on Indian Women.** *Wesleyan Journal of Research*, Vol. 14, (1), pp 133-135, DOP Janaury,2021 ISSN 0975-1386 , UGC Care List group.
- 22- Pandey V. & Srivastava, E. (2021). **Reasons and solutions for rising Mental Health challenges among working women: an empirical study with special reference to Delhi-NCR.** *Turkish Online Journal of Qualitative Inquiry* Vol. 12, (9), pp 3886-3895, DOP August,2021 ISSN 3877-3885, e-ISSN 1309-6591 Scopus indexed. IF 1.207
- 23- Dhiman, N., Sharma, R. & Pandey V. (2021). **Dominance, Arousal, Violence and Pain perception: Functional and Dysfunctional Aspects of Emotion and Expectations of Software Engineers.** *Elementary Education Online* Vol. 20, (6), pp 3532-3545, DOP Nov. ,2021 ISSN 1305-3515, Scopus indexed IF 1.192

24- Kumari, C. & Pandey, V. (2022). **The Influence of Spirituality on Stress and Subjective Well-being: A study on healthcare professionals in India**” International Journal of Food and Nutritional Sciences Vol- 11(12), pp 19979-19998 DOP 2022 ISSN Print 2319-1775 Online 2320-7876 UGC Care List Group-I IF7.832

25- Kumari, C. & Pandey, V. (2023). **Promoting Spiritual Well-Being among Healthcare Workers in India**” International Journal of Food and Nutritional Sciences Vol- 12(1), pp 5716-5725 DOP 2023 ISSN Print 2319-1775 Online 2320-7876 UGC Care List Group-I IF7.832

26- Pandey V. & Kumari, P. (2023). **Emotional Intelligence as a factor of Sex and Anxiety.** *International Journal of Social Sciences & Management Studies (IJSSMS)* Vol. 9, (4), pp 3532-3545, DOP May. ,2023. ISSN 2454-4655, Ex- U.G.C No-5351

27- Pandey, V. (2023). **Entrepreneurship among Youth: The Driving Force of the Future**” KAAV International Journal of Arts, Humanities & Social Sciences A Refereed Blind Peer Review Journal Vol- 10, pp 6-12 DOP Dec. 2023 ISSN 2348-4349

BOOK S

- 1- Dr. Vijaysen Pandey (2023). **Mahatma Gandhi's Relevance in Today's World**, Vachi Publications New Delhi. ISBN: 978-81-94792-78-9.
- 2- Dr. Vijaysen Pandey (2016). **Psychology: The Ripple Effect**, V L Media Solution New Delhi, ISBN: 978-93-85068-03-5.
- 3- Dr. Vijaysen Pandey (Ed) (2015). **Horizons of Social Psychology**, V L Media Solution New Delhi, ISBN: 978-93-85068-29-4.
- 4- Prepared Modules and material (Booklet) on Behavioral Training for **Rajasthan Police personnel**. Amity University (2010)
- 5- Preparing Modules and material (Booklet) on Behavioral Training for **Uttar Pradesh Police personnel**. Amity University (2010)

CHAPTER IN BOOKS

- 1- Pandey, V. (2022). **"Environment and Sustainable Development Issues: An Empirical Study with Special Reference to Delhi NCR, India."** Cognising Asian Societies Through Psychological Underpinnings *Concept Publishing Company Pvt. Ltd.*, New Delhi ISBN: 978-93-5439-048-7. pp-136-151
- 2- Pandey, V. (2019). **Impact of Psychological Factor on Teachers Teaching Effectiveness in Universities: An Empirical Study**, A hand book of Modern Research Trends in Technology and Innovations KAAV Publication, New Delhi ISBN: 978-93-86789-82-2.
- 3- Pandey, V. (2019). **Psychological Symptoms of Stress Affects on Work Performance in the context of Private Institutions in Bihar**, Emerging Trends in Social Development through Global Transformation, KAAV Publication, New Delhi ISBN: 978-93-86789-99-0.
- 4- Habil,A.S., Dwivedi,T. & Pandey, V. (2017). **A Comparative Study of Personal Values in Youth**, Vol- 1, Human Values: Psychological Perspective New Delhi Publisher, New Delhi ISBN: 978-93-85503-75-7.

CHAIRED SESSION/ INVITED LECTURE

- 1- Deliver lecture as resource person on topic entitled **“Enhancing Happiness at Work Place”** in organized by MLSM College Darbhanga on 13th April, 2023.
- 2- Deliver lecture as resource person on topic entitled **“Mental Health: Preventive Approaches”** in the occasion of World Mental Health Day 2022 organized by Patna Women’s College on 11.10.2022.
- 3- Deliver online lecture as resource person on topic entitled **“Developing Positive attitude and Team building”** in five days course on Soft skills, organized by Central Detective Training Institute (CDTI) Ghaziabad, Ministry of Home Affairs, Government of India on 30th May, 2022.
- 4- Participated as resource person on topic entitled **“Emotional Intelligence & Positive Emotion”** in Value added course on Personality Development & Life Skills, organized by Department of Psychology, D.D.U. Gorakhpur University on 27th December, 2021.
- 5- Participated as Speaker/ panelist in Mental Health Week Programme on 04th October, 2021, organized by Department of Psychology, Central University of Haryana.
- 6- Participated as resource person on topic entitled **“Personality Development”** in 7 Days special programme on Education, cleanliness and COVID-19 organized by NSS C.M. College Darbhanga, on 1st March, 2021.

- 7- Participated as resource person on topic entitled “**Role of Psychology in Women Empowerment**” under the aegis of Mission Shakti programme organized by NSS R. S. Mahila College Bareilly on 1st March, 2021
- 8- Participated as Resource Person in Soft Skill Development Programme for Sport Authority of India Coaches of the Northern Region on “**Communicating with Athletes**” on 17th August, 2020, organized Sport Authority of India, National Boxing Academy, Rohtak, Haryana
- 9- Participated as Resource Person in National Workshop on “**Research Methodology**” on 27th to 29th February, 2020, organized by University Department of Psychology, B.R.A. Bihar University Muzaffarpur, Bihar.
- 10- Chaired the session on in International Conference entitled Emerging Global Merging Trend and its Implications in Social Economy on May 18, 2019 organized by HLM Group of Institution, Ghaziabad in association with Global Research Foundation, Delhi.
- 11- Chaired the session on in 2nd International Conference entitled Managerial Strategies for Technological Transformations in 21st Century on February 09, 2019 organized by Mangalmay Institute of Management and Technology, Gr. Noida .
- 12- Chaired the session and key note speaker in National Seminar on core theme “**The Relevance of Ramcharitmanas in Society and Education**” on 27th & 29th July, 2016, jointly organized by Central Hindi Directorate Department of Higher Education Ministry of Human Resource Development Govt. of India and Amity Institute of Education, Saket New Delhi
- 13- Chaired the session on in International Seminar on core theme **Indian Mind and Social Concern: An Interdisciplinary Dialogue** on 2nd & 3rd April, 2016, organized by Department of Psychology, Ramanujan College, University of Delhi.
- 14- Chaired the session on in 4th **National Convention on Mental Health Programmes in Schools** on core theme **Convergence of Special Education & School Counseling Services** on 23rd-24th February 2015, Moolchand Medicity, New Delhi.
- 15- Chaired the session on **Values, Strengths, Human Development and Functioning** in 3rd **International Conference on Psychology and Allied Sciences** under the theme Nurturing Values and Strengths in Individual and Society: Role of Psychology, 25th-27th September, 2014 jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University Uttar Pradesh Noida and Indian Association of Health, Research and Welfare.
- 16- Chaired the Parallel Scientific Session (Online) in 3rd **International Conference on Psychology and Allied Sciences** under the theme Nurturing Values and Strengths in Individual and Society: Role of Psychology, 25th-27th September,

2014 jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University Uttar Prades Noida and Indian Association of Health, Research and Welfare.

- 17- Delivered lecture as **Resource Person** in Five days Continuing Rehabilitation Education (CRE) Programme on "**Specific Learning Disability**" organized by Amity Institute of Rehabilitation Sciencies, Amity University Uttar Pradesh Noida from 28th October to 1st November, 2013.
- 18- Delivered lecture as **Resource Person** in National Seminar entitled "**Adolescents Mental Health: Status, Challenges & Prospects**" organized by P.G. Department of Psychology, C.M. College, Darbhanga on 10th July 2019.
- 19- Participated as Psychologist under the programme "**Swine Flu and Society**" – A Programme arranged by the **Amity Radio** dated 2nd March 2015.
- 20- Participated as Psychologist under the programme "**Traffic in Noida**" – A Programme arranged by the **Amity Radio** dated 14th January 2015.
- 21- Participated as guest Psychologist under the programme "**Beyond Books**" – A Progamme arranged by the **Pragya Television** on Goal setting dated 29th October 2009
- 22- Participated as an expert Psychologist under the Programme **Menz**, for the topic Psychological Effect of body odor on human life, which was a live telecast by the **Pragya Television, dated June 01, 2010.**

PAPER PRESENTED

- 1- **Pandey V.** (2023). "**Relevance of Content analysis in Qualitative Research.**" Paper presented in International Conference on Advance and Applied Research (ICAAR-2023) organized HLM Group of Institution Ghaziabad Delhi-NCR on April, 01, 2023.
- 2- **Pandey V.** (2022). "**Analysis of socio psychological constrains faced by women of Mithila.**" Paper presented in International Conference on Contribution of Mithila and Kashmir in the field of knowledge and science: In the context of Sanskrit organized by Department of Sanskrit L.N. Mithila University Darbhanga Bihar on August 30-31, 2022.
- 3- **Pandey V.** (2022). "**Psychological Perspective and ICT.**" Paper presented in National Conference on Information and Communication Technology in our life organized by A.P. Singh Memorial College Barauni, Begusarai Bihar on May 23-24, 2022.

- 4- Pandey V. (2022). "**Understanding Psychological Nuances of Vashudhaivakutumbakm.**" Paper presented in International Conference on Spread of Indian Religion and Science in Asia: Through the Ages organized by R.B. College Dalsingsarai Samastipur Bihar on April 27-28, 2022.
- 5- Pandey V. (2022). "**Role of Interpersonal Communication during COVID-19 Pandemic infusing Quality of Life.**" Paper presented in National Seminar on COVID Pandemic: Its impact on Socio Economic Environment of India organized by Mahant Avaidyanath Government Degree College Gorakhpur, U.P. on March 29-30, 2022.
- 6- Pandey V. (2021). "**Applying Cognitive Behavior Therapy to resist Caronaphobia.**" Paper presented in international e-Conference on Mental Health during COVID-19 Pandemic: Issues and Interventions organized by University Department of Psychology L.N. Mithila University Darbhanga, Bihar on August 11-12, 2021.
- 7- Pandey V. (2021). "**Interpersonal Relationship and Self Introspection enhance Well-being.**" Paper presented in National Conference on Education, Society and Culture organized by B.N. Mandal University, Madhepura, Bihar on March 05-07, 2021.
- 8- Pandey V. (2020). "**Effect of Yoga on Well-being during COVID-19 Pandemic**" Paper presented in international webinar & 2nd Annual Conference on Psychological Health and Well-being: Current Issue and Challenges organized by Psychological Forum Chhattisgarh in association with SoS in Psychology, Pt. Ravishankar Shukla University Raipur Chhattisgarh on May 26-27, 2020.
- 9- Pandey V. (2020). "**Psychosocial Consequences of Covid-19.**" Paper presented in International webinar on COVID-19: Life Challenges and Strategies organized by PG Department of Psychology, Veer Kunwar Singh. University, Ara (Bihar) in association with Bharatiya Manovigyan Parishad on May 18-19, 2020.
- 10- Pandey V. (2020). "**Effect of Family Environment and Internet Addiction on Mental Health Problems among College Students.**" Paper presented in International Conference on Business Education in Digital Economy of India organized by University Department of Commerce and Business Administration, L.N. Mithila University, Darbhanga on March 05-06, 2020.

- 11- Pandey V. (2020). **"Positive Role of Yoga in Promoting Healthy Coping with Environmental Stressor"** Paper presented in International Conference on Role of Multidisciplinary Studies in Environment Protection **organized by** Narain College Shikohabad, U.P. in association with Global Research Foundation, Delhi on 23rd February, 2020.
- 12- Pandey V. (2020). **"Effect of Yoga and Education on stress among Villagers"** Paper presented in National Seminar on Recent Trends of Education Culture and Arts For the Development of Yoga and Physical Education organized by Department of Physical Education, D.N. Pandey Government P.G. College Deoria, U.P. on 1st & 2nd February, 2020.
- 13- Pandey V. (2019). **"The Effect of Yoga and Family Support on the Quality of Life among Disabled Person"** Paper presented in International Conference on The Impact of Globalization on Economic Development, Emerging Technology & Management Science **organized by** Hierank Business School, Noida, U.P. on 30th November, 2019.
- 14- Pandey V. (2019). **"Psychological Symptoms of Stress Affects on Work Performance in the context of Private Institutions in Bihar"** Paper presented in International Conference on Emerging Trends in Social Development Through Global Transformation **organized by** HLM Group of Institution, Ghaziabad on May 18, 2019.
- 15- Pandey V. (2019). **"Impact of Psychological Factor on Teachers Teaching Effectiveness in Universities: An Empirical Study"** Paper presented in 2nd International Conference on Managerial Strategies for Technological Transformations in 21st Century **organized by** MIMT College of Management Greater Noida on 9th February 2019.
- 16- Pandey V. (2018). **"Active Ageing Strategy: Is it really needed to Overcome Psychological Problems?"** Paper presented in UGC National Seminar on Stepping in to Future: Tapping the Talents, Contributions and Participations of Older Persons in Society **organized by** Institute of Gerontology and Geriatrics and University Department of Home Science L.N. Mithila University, Darbhanga on August 10, 2018
- 17- Pandey V. & Kumari, N. (2018). **"Social Cohesion and Quality of Life for Development of Indian Women."** Paper presented in UGC National Seminar on women empowerment organized by University Department of Sociology & M.K. Singh memorial chair, L.N. Mithila University, Darbhanga on 29th & 30th May, 2018.
- 18- Pandey V. (2018). **"Coping with stress among Women."** Paper presented in UGC National Seminar on women in 21st century and

centuries to come organized by Department of Psychology DAV College Siwan, J.P. University, chhapra on 20th & 21st April, 2018.

- 19- Pandey V. & Manjari, (2017). **“Social Engagement among Older Adults.”** Paper presented in International Conference on Emerging Entrepreneurial Scenario in India organized by University Department of Commerce and Business Administration, L.N. Mithila University, Darbhanga on 08th & 9th December, 2017.
- 20- Tarun & Pandey V, (2016). **“The role of Psychologist in Improving Mental state for Performance in Sports.”** Paper presented in International seminar on Indian Mind and Social Concern: An Interdisciplinary Dialogue organized by Ramanujan College, University of Delhi on 02nd & 3rd April 2016.
- 21- Pandey V, (2016). **“Interventional Strategies and Positive Emotions in Prevention of Mid-life Crises”** Paper presented in National Conference on Status of Higher Education in India with Special Reference to Uttar Pradesh organized by Government Raza P.G. College Rampur U.P. on 20th-21st February 2016.
- 22- Pandey V, & Desuza, S. (2016). **“Impact of Parents Attitude on the Social Competence of Adolescents”** Paper presented in 4th International Conference on Positive Schooling: A Heaven for Holistic Development organized by Indian Association of Health Research and Welfare In association with Association of Special Educators and Allied Professional Carmel College for Women, Goa Mahatma Gandhi International Hindi University on 16th-18th January 2016.
- 23- Pandey V, Shrma, P. & Pathak .D (2016). **“Reforming University Level Education System – Enhancing Emotional Quotient for Life Success”** Paper presented in 4th International Conference on Positive Schooling: A Heaven for Holistic Development organized by Indian Association of Health Research and Welfare In association with Association of Special Educators and Allied Professional Carmel College for Women, Goa Mahatma Gandhi International Hindi University on 16th-18th January 2016.
- 24- Pandey V & Dwivedi .T (2015). **“Coping with Stress: Family Caste and Gender”** Paper presented in 1st International and 3rd National Conference on Positive Psychology: The Ripple Effect Jointly organized by Indian Association of Positive Psychology& Manav Rachana International University on 27 Feb – 1st March 2015.
- 25- Aggarwal, M. & Pandey. V (2014). **“Impact of Parenting Styles on Various Attributes of Personality”**. Paper presented in 3rd International Conference on Psychology and Allied Sciences under the theme

Nurturing Values and Strengths in Individual and Society: Role of Psychology, 25th-27th September, 2014 jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University Uttar Prades Noida and Indian Association of Health, Research and Welfare.

- 26- Kaul, S. & Pandey. V (2014). **“Values driving the woman workforce”**. Paper presented in **3rd International Conference on Psychology and Allied Sciences** under the theme Nurturing Values and Strengths in Individual and Society: Role of Psychology, 25th-27th September, 2014 jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University Uttar Prades Noida and Indian Association of Health, Research and Welfare.
- 27- Kumar, M. & Pandey. V (2014). **“The role of emotional Intelligence and General Well being at Work Place”**. Paper presented in **3rd International Conference on Psychology and Allied Sciences** under the theme Nurturing Values and Strengths in Individual and Society: Role of Psychology, 25th-27th September, 2014 jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University Uttar Prades Noida and Indian Association of Health, Research and Welfare.
- 28- Pandey. V (2014). **“Impact of Divorce Parents on Anxiety levels of Young Boys & Girls”**. Paper presented at **National Seminar** on Mental Health and Well-Being: Issues, Challenges and Strategies for the Future 25th-26th March, 2014 Organized by Department of Psychology D.D.U Gorakhpur University.
- 29- Pandey V & Tiwari, P.S.N. (2014). **“Stress: Caste, Gender and Family”** Paper accepted for poster presentation at 1st International and 3rd Indian Psychological Science Congress in 24-25 Feb. 2014 at Chandigarh.
- 30- Pandey V. (2013). **“Stress among Villagers: A Psychological study”**. Paper accepted for presentation at **International Symposium** on Education and Psychology (ISEP 2013) Kitakyushu Japan in April 3-5, 2013
- 31- Pandey V. & Pandey, N. (2013). **“Interpersonal Communication and Self disclosure Enhance Quality of Life”**. Paper presented at **National Conference** on Mental Health and Well-Being: Issues, Challenges and Strategies for the Future 7th & 8th February, 2013 Organized by Indira Gandhi National Open University (IGNOU)
- 32- Pandey Vijaysen & Tiwari P.S.N (2012). **“Investigating the Quality of Life among Villagers of Eastern District of Uttar Pradesh”**. Paper presented at **3rd International Conference** on Positivism Foundation for

Human Dimension 6th – 8th August, 2012 Organized by Amity University Rajasthan

- 33- Pandey Vijaysen & Tiwari P.S.N (2011). **“Coping with Stress and Quality of Life among Villagers”**. Paper presented at UGC National Seminar, Department of Psychology Barkatullah University, Bhopal, on Rethinking Well-being: Personal Social and Ecological Dimensions, November 21-23, 2011
- 34- Pandey Vijaysen & Tiwari P.S.N (2006). **“Youths and Morality: A Psychological Study”**. Paper presented at UGC National Seminar, Department of Psychology (DSA), DDU Gorakhpur University, Gorakhpur, on Environment & Human Behavior; Emerging Challenges and Intervention Strategies, March 21-22, 2006.
- 35- Pandey, S. & Pandey, V. (2005). **“The role of parenting in Prevention of Child Maltreatment”**. Paper presented in 15th annual conference of National Academy of Psychology (NAOP) on Psychology & social problems: Issues & Interventions, March 04-06, 2005
- 36- Pandey. S & Vijaysen (2005). **“Cognitive deficiency: the potential for child abuse”**. Paper participated in UGC National Seminar Department of Psychology (DSA), DDU Gorakhpur University, Gorakhpur on Human cognition: Advances in Theory & Application, March 21-22, 2005.

PROFESSIONAL MEMBERSHIP

- 1- Executive Editor of “Academia” Journal of C.M. College, LNMU Darbhanga, Bihar
- 2- Member of Editorial Board of KAAV PUBLICATIONS as an Associate Editor.
- 3- Member of Indian Association of Health Research and Welfare.
- 4- Member of Board of Reviewer International Journal of Social Science Review (ISSN 2347-3797)
- 5- Member of Board of Reviewer in Indian Journal of Social Science and Organizational Behaviour (IJSSOB) (ISSN 2278-568X)
- 6- Member of Editorial Board in Journal Shodh Prerak, A Multidisciplinary Quarterly International Refereed Research Journal (ISSN 2231-413X)
- 7- Member Secretary, Area Advisory Board of Psychology in Amity University Uttar Pradesh Noida.
- 8- Member in Board of Studies of Psychology in Amity University Uttar Pradesh, Noida
- 9- Member of Departmental Research Committee of Psychology
- 10- Member in Board of Studies of Rehabilitation Sciences in Amity University Uttar Pradesh, Noida
- 11- Member of National Academy of Psychology, (NAOP) India.
- 12- Member of Rashtriya Life saving Society.
- 13- Scientific Advisor in the multinational Wheebox.com

PROJECTS:

- 1- Worked as a **team member** in ICSSR research project entitled "**Emotional Expression as a Predictor of Psychological Well-Being: A Study on NCR University Students**". The research project has sanctioned by Indian Council of Social Sciences and Research New Delhi
- 2- Worked as a **team member** in BPR&D research project report entitled "**Development of an Instrument for Performance Appraisal of the Police Personnel**" on 23.08.11. The research project sanctioned by Bureau of Police Research and Development (BPR&D) New Delhi.

ORGANISED CONFERENCES AND SEMINAR

- 1- Organized Four-day International Webinar Series under the theme "**Fostering Mental Health**" on September 16- 19, 2020 organized by P.G. Department of Psychology, C.M. College Darbhanga at C.M. College Darbhanga in the capacity of **Organizing Secretary**.
- 2- Organized Three-day National CRE Workshop under the theme "**Assessment and Intervention of Mental Health Problems in Persons with Multiple Disabilities**" on November 26- 28, 2019 under the aegis of Rehabilitation Council of India (RCI), New Delhi organized by P.G. Department of Psychology, C.M. College Darbhanga & Indian Association of Health, Research and Welfare at C.M. College Darbhanga in the capacity of **Organizing Secretary**.
- 3- Organized workshop under the theme "**NAAC Awareness and Training Workshop**" on April 4 &5, 2019 at Rajbhavan, Patna
- 4- Organized Seminar under the theme "**Current Emergence of Psychology**" on February 14, 2019 organized by Department of Psychology & IQAC K. V. Science College Uchchaith Benipatti Madhubani L.N. Mithila University, Darbhanga as a Convener.
- 5- Organized UGC National Seminar under the theme Stepping in to Future: Tapping the Talents, Contributions and Participations of Older Persons in Society August 10, 2018 organized by Institute of Gerontology and Geriatrics and University Department of Home Science L.N. Mithila University, Darbhanga as a member of organizing committee.
- 6- Organized **National Seminar** under the theme Positive Psychology and Spirituality for Holistic Health, 21st March, 2017 organized by Amity Institute of Psychology and

Allied Sciences, Amity University Uttar Pradesh, Noida as a **Joint Organizing Secretary**.

- 7- Organized **4th International Conference on Psychology and Allied Sciences** under the theme Positive Schooling: A HEAVEN FOR Holistic Development, 16th–18th January, 2016 organized by Indian Association of Health, Research and Welfare in association with ASAP, Carmel College for Woman, Navem Goa & Mahatama Gandhi International Hindi University, Wardha, Maharashtra as a member of **Scientific Committee**.
- 8- Organized **1st International and 3rd National Conference on Positive Psychology: The Ripple Effect** 27 Feb – 1st March 2015 jointly organized by Indian Association of Positive Psychology & Manav Rachana International University. (Member of **Organizing Committee**)
- 9- Organized **3rd International Conference on Psychology and Allied Sciences** under the theme Nurturing Values and Strengths in Individual and Society: Role of Psychology, 25th-27th September, 2014 jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University Uttar Pradesh Noida and Indian Association of Health, Research and Welfare as a member of **Organizing Committee and Conference Secretariat**.

AWARD:

- 1- Received GRF International Award & Honors (2021) for **Outstanding Research Contribution in Higher Education (Psychology)** on the occasion of the teacher's day by Global Research Foundation, New Delhi in collaboration of **University of Trunojoyo, Madura (Indonesia) & IDEI (Indonesia)** on 5th September 2021.
- 2- Received GRF Award & Honors (2020) for **Best Practices in Psychology and Online Education** on the occasion of the teacher's day by Global Research Foundation, New Delhi on 5th September 2020.
- 3- Received Award for **Distinguished Academician** in International Conference on Emerging Trends in Social Development through Global Transformation organized by HLM Group of Institution, Ghaziabad on May 18, 2019.
- 4- Received **Gold Medal** for the **best contribution in the field of Psychology** by **Indian Psychological Association** during National Seminar on Social Relevance of Psychology, October 06, 2018 organized by Department of Psychology, C.M. College Darbhanga.

EXTRA CURRICULAR ACTIVITIES

- 1- Member of IQAC (Internal Quality Assurance Cell)**
- 2- Member of Library Committee.**
- 3- Quality support staff (QAE/ISO).**
- 4- Managing Psychology Laboratory & conducting various Psychometric Tests.**
- 5- Actively involved in various administrative works.**
- 6- Nominated as a Faculty interviewer for the selection of volunteer in Commonwealth Games 2010 by Amity University, Noida UP.**
- 7- Achieved First position in Audio- Visual Presentation, event in Human Values Quarter Celebrations on the topic "Integrity for Achieving Human Excellence" organized by Amity Institute of Psychology and Allied Sciences (AIPS), April 07th 2010.**
- 8- Organized Sangathan (Inter University sport-meet) for student as co-coordinator.**
- 9- Developed course content of Psychology for integrated B.L.Ed programme for Amity Institute of Rehabilitation Sciences, Amity University, Noida**
- 10- Designed 5 days training programme on the topic of "Personality and Behavioural Skills" for CISF.**
- 11- Designed 2 days training programme on the topic of "Accha Vyvhar Sukhi Jivan ka Adhar" for Tihar Jail Inmates (Male & Female)**
- 12- Part of syllabus development team for M.Phil in Counseling Psychology.**
- 13- Worked as an Academic Counsellor at IGNOU study centre New Delhi.**

COMPUTER SKILLS

Internet applications, MS Office (Word, Power Point, Excel),
Operating System (Windows), suitable knowledge of SPSS

DECLARATION

I hereby declare that the information and facts furnished above are true to the best of my knowledge and belief.

Date: - 14.09.2024

Place: - Darbhanga, Bihar

Dr. Vijaysen Pandey